

« Come and browse the labyrinth? What does it mean? »

It means joining a very ancient religious practice: walking, meditating and praying all together and with others... being a pilgrim. In the Cathedral, the labyrinth evokes human life, its joys and trials.

The builders of the cathedral in the 13th century designed this path of white stones to help us "welcome" ourselves into this great stone vessel. We are welcomed to live a spiritual experience, an approach to the God of Jesus Christ with Our Lady as our guide.

It is free! There are no instructions for walking, other than absolute **respect for the place**: silence and proper dress, and respect for other pilgrims: the path is open, it does not belong to a group or a person. No attitude should interfere with and prevent this heart-to-heart which is the meaning of the whole Christian tradition.

St. Augustine IV said: "God sent his son Jesus, so that following a man what we can, we may arrive at God, what we could not."